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<http://www.angkorclimbers.net/>

The 8th Angkor Cup

Let Cambodian climbers participate in the Tokyo Olympic Games !



The Angkor Cup had been nominally held sponsored by the CCF (the Cambodian Climbing Federation) but for the first time the 8th Angkor Cup was held as an official national sports meet with the presence of a physical education manager from the Ministry of Education and Youth Sports. (The winners and times are on the following pages.)

NPO Angkor Climbers Net General Meeting on August 24th (Sat) 17:00~

At Karin- Wild Flower Tea House Non-members are welcome to join us!

You can find the place on <https://loco.yahoo.co.jp/place/g-yXDoa1BKF2A/>

This will be the 6th general meeting since ACN became an NPO in 2014. We would like to review the activities of the past years and also plan for 2019~20 at the foot of Mt. Yatsugatake which is a 15-minute walk from Kai-Oizumi station, Koumi Line, or a 15-minute drive from the Central Expressway, Nagasaka Interchange. There is also a hot spring near there and we are planning to have a BBQ party, providing accommodations at Karin-so. Please bring your own sheets or a sleeping bag. ACN's members will be invited by mail and non-members are also welcome to join us.

Lead (Top rope—same route for 13 and under) qualification on Dec.7, final on Dec.8

LEAD & Top Rope M-1 : Male Youth BCD born in 2003 or after : 9 Participants B:Lead CD:Top Rope

no.	Name(English)	Age (years)	School	Climb No.	Qualification-1			Qualification-2			Qualificatio		Final	
					Height	Time	Order	Height	Time	Order	1+2 order	Height	Time	
1	Huy Yanfal	14	Krous secondary	2	Top	0'45"89	5	Top	0'52"00	2	10	4	Top	0'45"18
2	Im Chy Eang	9	Krous primary	4	Top	0'39"78	3	Top	1'01"00	3	9	3	Top	1'32"45
3	Ren Ratanak	13	10 Makara high	11	Top	0'40"88	4	Top	2'11"00	5	20	5	Top	3'00"00
4	Ny Cholina	11	Krous Primary	5	Top	0'36"39	2	Top	0'50"00	1	2	1	11	0'49"50
5	Ly Phillip	13	Krous Primary	3	Top	0'34"70	1	13	0'57"00	6	6	2	11	0'54"48

LEAD M-2 : Male Youth AJ and adult born in 2002 or before : 5 Participants

no.	Name(English)	Age (years)	School	Climb No.	Qualification-1			Qualification-2			Qualificatio		Final	
					Height	Time	Order	Height	Time	Order	1+2 order	Height	Time	
1	Sambath Pheaktra	17	Samdech Ouv high	41	22	2'08"02	1	Top	1'29"00	1	1	1	19	1'44"94
2	Huy Yanfel	16	10Makara high	44	18	1'43"95	3	13	1'32"00	3	9	3	17	1'58"45
3	Huy Barang	19	ACN	47	19	2'10"82	2	Top	1'32"00	2	4	2	17	1'54"88
4	Va Bros Ploh	16	Phnom Climb	45	18	2'03"87	4	11	1'10"00	4	16	4	9	1'29"38
5	Sambath Samnang	20	ACN	54	13	1'53"19	5	11	1'56"00	5	25	5	9	1'41"29



Lead F-2 : Female Youth AJ and adult born in 2002 or before : 4 Participants

no.	Name(English)	Age (years)	School	Climb No.	Qualification-1			Qualification-2			Qualificatio		Final	
					Height	Time	Order	Height	Time	Order	1+2 order	Height	Time	
1	Meac Sreynloh	23	Phnom Climb	98	Top	1'06"00	1	Top	1'13"80	1	1	1	Top	1'15"67
2	Leang Sarang	32	ACN	95	Top	1'50"00	3	Top	2'43"11	2	6	2	11	2'17"89
3	Phin Sarorm	21	ACN	96	Top	1'34"00	2	9	1'50"88	4	8	3	11	2'24"52
4	Leang Sereyroha	23	ACN	94	14	2'07"00	4	9	1'34"67	3	12	4	2	0'07"00

LEAD & Top rope F-1 : Female Youth BCD born in 2003 or after : 4 Participants B:Lead CD:Top Rope

no.	Name(English)	Age (years)	School	Climb No.	Qualification-1			Qualification-2			Qualificatio		Final	
					Height	Time	Order	Height	Time	Order	1+2 order	Height	Time	
1	Phan Sophea	15	Krous secondary	61	Top	1'16"00	2	Top	1'25"65	2	4	3	Top	1'06"53
2	So Vaohani	14	Krous secondary	62	Top	1'30"00	4	Top	1'48"08	4	16	4	Top	1'34"99
3	Im Vinnit	12	Krous secondary	63	Top	1'22"00	3	Top	1'18"56	1	3	1	11	2'23"22
4	Im Vanneath	10	Krous primary	65	Top	1'08"00	1	Top	1'34"14	3	3	1	11	3'00"00

Speed final on Dec. 8

There is no official speed wall in Cambodia yet, but two routes of similar arrangement

were set side by side. Of course there are no auto-belayer and no motorized stopwatches, so each needed two belayers and referees timed the races manually. Since the race was a top rope, 56 people participated, including beginners who were just getting started and were far from “speed”



Speed M-1 : Male Youth BCD born in 2003 or after : 21 Participants

no.	Name	Age <small>(years)</small>	School / Club	Cloth No.	Final		Faster Time
					1	2	
1	Huy Yanfal	14	Krous secondary	2	6.43	4.18	4.18
2	Sambo Panha	15	10Makara high	12	5.86	4.57	4.57
3	Ny Chalana	11	Krous primary	3	8.13	5.77	5.77
4	Ren Ratanak	13	10Makara high	11	7.55	6.33	6.33
5	Im Chy Eang	9	Krous primary	4	7.32	9.44	7.32

Speed M-2 : Male Youth AJ and adult born in 2002 or before : 9 Participants

no.	Name(English)	Age <small>(years)</small>	School / Club	Cloth No.	Final		Faster Time
					1	2	
1	Non Sovannak	20	Phnom Climb	51	4.46	4.32	4.32
2	Sor Seyha	21	Phnom Climb	48	4.66	4.54	4.54
3	Sambath Pheaktra	17	Samdech Ouv high	41	fall	4.66	4.66
4	Pan Samnang	21	ACN	56	6.65	5.10	5.10
5	Va Bros Ploh	16	Phnom Climb	48	5.58	5.65	5.58

Speed F-1 : Female Youth BCD born in 2003 or after : 20 Participants

no.	Name(English)	Age <small>(years)</small>	School / Club	Cloth No.	Final		Faster Time
					1	2	
1	Phan Sophea	15	Krous secondary	61	7.62	7.96	7.62
2	Im Vinnit	12	Krous secondary	63	13.34	10.01	10.01
3	Im Vanneath	10	krous primary	65	11.30	11.19	11.19
4	Yun Sovaohana	14	Krous secondary	62	16.47	11.56	11.56
5	Nol Voleak	11	Hun Sen Slem Reap	66	12.25	13.22	12.25

Speed F-2 : Female Youth AJ and adult born in 2002 or before : 6 Participants

no.	Name(English)	Age <small>(years)</small>	School / Club	Cloth No.	Final		Faster Time
					1	2	
1	Yin Picey	21	Phnom Climb	99	8.35	9.52	8.35
2	Phin Sarorm	21	ACN	96	11.13	fall	11.13
3	Leang Sarang	32	ACN	95	13.68	11.83	11.83
4	Vann Charlya	18	Phnom Climb	100	14.26	14.01	14.01
5	Leang Seryraohan	23	ACN	94	20.06	14.73	14.73



Route-setting for the bouldering on Dec.9

We were able to hold this year's competition with the support of volunteers from home and abroad for painting walls, refereeing, photo and video shooting etc. Also, many presents for the lottery were sent from Japan. Thank you very much for your generous cooperation.



Bouldering qualification, final on Dec. 10

In the bouldering qualification, a total of 20 routes were set, and ten routes were designated according to age and gender. We decided the finalists in each category of four people according

to how many climbed. Since the day was a Cambodian holiday, a total of 53 people including many beginners participated.



Outside isolation zone

Finalists spent lunch time without looking at the routes for the final in this outside isolation zone and then they made their observation. The final used the belt-conveyor system. Climbers competed three tasks for each gender and age in four minutes, with four minutes rest.



Yan fai had a rest for more than four minutes as he could climb each task at on the first try.



Bouldering M-1 :Male Youth BCD bom In 2003 or after : 20 Participants

no.	Name(English)		Age (years)	School / Team	Cloth No.	Qualification			Final		
	Top	attemp				rank	Top	Zone	attemp		
1	Huy	Yanfai	14	Krous secondary	2	9	11	1	3T3	3Z3	3
2	Ren	Rafanak	13	10makara high	11	9	13	2	3T4	3Z3	4
3	Ny	Chalana	11	Krous primary	5	8	10	3	1T1	3Z3	12
4	Sambo	Panha	15	10 Makara high	12	8	14	4	0T0	3Z7	16
5	Ly	Phillip	13	Krous Primary	3	7	9	5			

Bouldering M-2 :Male Youth AJ and adult bom in 2002 or before : 10 Participants

no.	Name(English)		Age (years)	School / Team	Cloth No.	Qualification			Final		
	Top	attemp				rank	Top	Zone	attemp		
1	Sor	Seyha	21	Phnom Climb	49	7	12	4	3T4	3Z3	4
2	Sambath	Pheaktra	17	Samdech Ouv high	41	9	11	1	3T6	3Z5	6
3	Cho	Channy	23	Phnom Climb	50	7	11	2	1T1	3Z3	8
4	Huy	Yanfai	16	10 Makara high	44	7	11	2	1T2	3Z4	11
5	Va	Broe Ploh	16	Phnom Climb	48	5	10	5			

Bouldering F-1 : Female Youth BCD born In 2003 or after : 17 Participants

no.	Name(English)		Age (years)	School / Team	Cloth No.	Qualification			Final		
	Top	attemp				rank	Top	Zone	attemp		
1	Phan	Sopheha	15	Krous secondary	61	10	10	1	3T3	3Z3	3
2	Ben	Sengly	14	Phnom climb	86	9	12	3	2T2	3Z4	8
3	Yun	Sovachana	14	Krous secondary	62	10	13	2	2T9	3Z3	22
4	Ul	Sreypeoh	11	Phnom climb	85	9	12	3	1T3	3Z3	19
5	Im	Vinnit	12	Krous secondary	63	9	15	5			

Bouldering F-2 :Female Youth AJ and adult born In 2002 or before : 6 Participants

no.	Name(English)		Age (years)	School / Team	Cloth No.	Qualification			Final		
	Top	attemp				rank	Top	Zone	attemp		
1	Yin	Picey	21	Phnom Climb	99	9	13	1	3T7	3Z5	7
2	Meac	Sreylnoh	23	Phnom Climb	98	8	14	2	2T5	3Z5	10
3	Leang	Sarng	32	ACN	93	5	15	4	0T0	2Z8	12
4	Leang	Seryrachana	23	ACN	94	5	8	3	0T0	2Z5	14
5	Vann	Charlya	18	Phnom Climb	100	4	16	5			



As for the final task surrounded by red tape, a climber could not reach the next hold unless he jumped from the red volume to the blue one. Ny Cholna (Youth D) succeeded. After the final, everyone who fell in the qualification tried it again and again, one after another.



Climbers received medals, prizes, and words of encouragement from guests including a physical education manager from the Ministry of Education and Youth Sports, a vice director of State Education Bureau and sponsor Taica



As additional prizes, uniforms of the Japanese team were given to all climbers within the 10th place in the qualification for men and women under 15 years old. JMCSA presented uniforms to encourage Cambodian climbers and staff from Taica delivered them. Thank you very much for your cooperation. Young climbers : Practice

ACN is a member of Cambodia Climbing Federation (CCF)

CCF, however, needs our support. It is making progress little by little.

Nationwide training workshop for instructors sponsored by the CCF

A big step toward the ACN's biggest aim, which is to support the activities of establishing ACN Cambodia by Cambodians themselves. The first nationwide instructor workshop for state officials and PE teachers sponsored by CCF was held on December 20~24. The venues were Siem Reap Stadium and Angkor Wall. The CCF notified all 25 provinces throughout



country and people from five provinces attended the meeting and learned the fundamentals of climbing from Semrorn, Mr. Sotharin and ACN staff. From an outsider view point, I felt envious of climbing being considered as an official trip.



This nationwide training was

Representatives of the CCF attended the IFSC General Meeting

As the CCF became a member of the IFSC, International Federation of Sports Climbing, at the general meeting held in Innsbruck, Austria last March, Cambodian climbers have become eligible to attend international competitions. When the CCF received the invitation to the general meeting, we think that it was the chance for the CCF to attend the meeting because it would be held in Tokyo. (It will be held in Cyprus next year which is far.) So, Mr. Choun Sokvandy, the chairperson of the CCF, and Semrorn, a secretary-general, visited Japan and attended the workshop at the Shinagawa Prince Hotel, the SEACF General Meeting and the IFSC General Meeting in Tokyo. Their participation was possible thanks to the support for one person, air fare, accommodations, and entrée fees from the ACN and Taica. This time, building ties with other participants, the CCF undertook to hold the instructor training of the SEACF in Siem Reap in June 2019. Kimsroy and Mono, who got their instructor licenses in Indonesia last year, will assist with the training workshop this time.

<https://www.ifsc-climbing.org/index.php/news/item/1334-welcoming-the-future-ifsc-plenary-assembly-2019>

The CCF attended the party held by the Prime Minister

On April 4, there is the annual party which all sports federations in Cambodia attend and to be given encouragement from the Prime Minister. Last year, the 30-person, the quota of the CCF members, was almost filled with Phnom Penh residents. The group photo taken there is the cover photo on the CCF's Facebook page.

<https://www.facebook.com/Cambodia-climbing-federation-1528073324108067/>

This year, the CCF asked the ACN to send 20 people from Siem Reap and to support part of their transportation expenses.

The present members of the CCF consist of four groups, one of which is ACN in Siem Reap. In Japan, prefectural federations belong to JMSCA, Japan



The relationship between the CCF and ACN Cambodia

Mountaineering and Sports Climbing Association, and each team belongs to its prefectural federation. In Cambodia, regional federations have not been established yet, and when there is a need to hold a regional competition, “The technical working group”, the yellow



their activities for sound development of the CCF.

part on the left chart, actually goes to Phnom Penh or Siem Reap to operate competitions.

The right list shows ten ASEAN countries ranked in Corruption Perception Index. Disappointingly, Cambodia ranks the lowest of all ten countries. When it comes to development of sports, it is important to connect to government service, but we need to watch over

Asean countries Corruption Perception Index		
by Transparency International		
	2018	2014
1 (Denmark)	88	92
3 Singapore	85	84
18 (Japan)	73	75
31 Burnei	63	
61 Malaysia	47	52
89 Indonesia	38	34
99 Philippines	36	38
99 Thailand	36	38
117 Vietnam	33	31
132 Lao PDR	29	25
132 Myanmar	29	21
161 Cambodia	20	21
180 (Somalia)	10	8

Gift from Singapore including Shoes !

Mr. Ben and Mr. Kai, who set routes for the Lotus Cup last year, called on Facebook to donate climbing shoes, taking care that Cambodian children’s shoes were perforated. The call led to a lot of shoes donated and they brought them to the Angkor Wall. The children who didn’t have their own shoes got their personal ones, and on top of that, unique-shaped choke bags and T-shirts were gifted to them. Thank you very much to everyone in Singapore.

Mr. Ben and Mr. Kai, who set routes for the Lotus Cup last year, called on Facebook to donate



From ACN’s Desk

[There are 52 members of our NPO right now. We would like to ask you to continuously support us by becoming a member.](#)

If you want to join ACN, please contact us. We will send you an application form, guidelines and some other documents in accordance with the type of request. Our annual membership fee is 5,000 yen (general member). Please make payment according to our business year that begins on July 1. Your support will surely help promote the healthy growth of Cambodian youth.

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email : info@angkorclimbers.net

Donated Funds and Presents

Our total donated sum comes to ¥ 9,991,675+US\$14,167 (beginning in 2008, when we launched our NGO, though March 2019). The total funds for our foster parents' system comes ¥ 4,530,000+US\$1,250 We greatly appreciate this support. The following individuals, businesses, and associations contributed donations and goods from November 2018 to March 2019.

—Funds Mr. Asada Sin-ichiro, Ms.Ito Tomiko, Mr. Asamizu Shinsuke, Ms.Akatsuka Kozue, NGO Anacott Cambodia, Ms. Masuya Ayako, Ms. Suehiro Miwa, Ms. Takagi Tomoko, Ms. Hotta Keiko

—Presents Taica Corporation, Montbell Co.Ltd, JMCSA, Phnom Climb Community Gym, Mr. Wakae Yuich, Kroma Yamato Guesthouse, Mr. Ishikuro Teruaki, Climbing Studio Brave and its members of Matsuyama Ehime, Mr. Ariizumi Shigemasa, Mr. Ikeguchi Masahiro, Ms. Shimizu Tomoko, Ms. Hirayama Shigemi, Ms. Takagi Tomoko, Ms. Hotta Keiko, Ms. Lisa Twaronite, Ms. Fukujin Kazuko, Mr. Antal, Ms. Anita, Mr. Ben Toh, Mr. Kai Reuber, Ms. Ito Hiromi, Mr. Matsubara, Mr. Miyamoto Akio, Mr. Takashima shin-ya, Mr. Sakuma Mamu,

—Foster Parents Ms. Hotta Keiko, Mr. Saihara Akio

★★★★ Bank account for donation ★★★★★

■Japan Post Bank

記号 10010 番号 75286831

口座名 アンコールクライマーズネット

■Bank of Mitsubishi UFJ

支店名：調布支店 預金種目：普通預金

口座番号：0081781

口座名：アンコールクライマーズネット

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<https://web.facebook.com/angkorclimbersnet/>

• Wall Location (On google map. No post office delivery)

Angkor Climbing Wall Kruos village, Svay Dankum Sangkat

Siem Reap city, Siem Reap province, Cambodia

■ email info@angkorclimbers.net

Are you going to outdoor rock climbing areas?

Editor's note



Of course we are! But there are no photos of outdoor rock climbing in Newsletter 23 and 24 issued this year. It is not that we didn't go to some rock climbing areas. Actually, we went to Sisophon, Peung Tanon,, Svay Leu, outside of Siem Reap, and a rock climbing area in Laos. On some occasions we guided guests, on others we went climbing in our free time. I couldn't even imagine ten years ago that the staff of ACN Cambodia would be able to go climbing in outdoor rock climbing area without guests from abroad and young climbers posted on Facebook from where they were at the moment. There is one young climber who has to save the money for food during a tour, which was given by sponsor, and he has to help his family finances with it. It has become difficult to assess climbers' ways of living after making a rule that Cambodians can use the wall free of charge and non-Cambodian cover expenses of running the wall with their donations. We would like to talk about including such issues, so please come to the general meeting. (Chimi)

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