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<http://www.angkorclimbers.net/>

8/May/2021

## Cambodia Climbing Championship was held!



The national climbing championship and the 10<sup>th</sup> Angkor Cup scheduled for early December 2020 was postponed twice due to the coronavirus pandemic, but it was held on January 4-6, 2021. While no one was able to travel from Japan and the Cambodian Ministry of Education restricted the scale of the tournament, the Cambodian staff were able to set the rules and routes, belay and proceed with the competition. Thank you for being able to finish safely without any major injuries.

## Training workshop for instructors sponsored by the CCF, November 5~9, 2020

The pre-competition instructor training session, which has become an annual event, was held this year with thorough infection control measures.



### Speed, on the morning of January 4, 2021

Under normal circumstances, we would like to increase the number of participants. Since we have

to reduce the number to prevent infection, a participation limit of two events per person was set. Therefore, this time we did not do the combined calculation of Speed, Lead and Bouldering that we have done several times. Also, aiming to average the number of players, we used an original age group, not the IFSC Youth. Although it was 2021, the age of players was divided into three based on ages as of the end of 2020. The first speed event was done with less than half the regular holds. We did not qualify and took the better result of two times. There were 16 participants in total for men and women and the competition ended within one hour after the opening. The picture below shows the instructors who joined the training session and learned belaying for the first time. Seyha, a coach in Phnom Climb, is teaching them.



#### 7. Speed Female under 15years

RANK	NAME	TEAM/SCHOOL	TIME
1	Im Vinnit	Hun Sen Krous	10.29
2	OI Sreypich	Chibodia	13.06
3	Meas Srey Art	10 Makara 1979	54.88

#### 8.Speed Male under 15years

1	Ren Ratanak	10 Makara 1979	5.6
2	Youn Sopheaphirom	10 Makara 1979	9.25
3	Run Rakvin	10 Makara 1979	13.9

#### 9.Speed Female under 19years

1	Yun Sovichana	10 Makara 1979	11.87
2	Thouen Chanthou	Chibodia	21.8

#### 10.Speed Male under 19years

1	OI Reaksa	Phnom Climb	4.62
2	Va Bros Pich	Phnom Climb	4.66
3	Huy Yanfei	10 Makara 1979	6.66

#### 11.Speed Female over 19years

1	Sorn Muykung	Phnom Climb	22.1
2	Ly Soknang	Wat Svay	40.56

#### 12.Speed Male over 19years

1	Sambath Pheaktra	Sumdech Ov	4.57
2	Sorn Chheang	Phnom Climb	7.4
3	Phen Sophean	ACN	8.26



This is the 10<sup>th</sup> Angkor Cup, and the name of the tournament was able to be printed in Khmer for the first time.

This year, too, it was Tevy who was busy explaining the competition rules, giving referees guidance, recording, collecting results, calling finalists and treatment for injured people.

This time, not only the chief route-setter, Seyha and the official manager, Tevy, but also the staff who grew up at this wall played an active part. They included Mesa, Vannak, and younger seniors such as Channy and Barang who were able to help because the number of events decreased. When you watch the video posted on Facebook, you can see how the staff, who grew up there, and received safety education at Phnom Climb Community Gym, are backing up the belaying by teachers who are a little uneasy. <https://www.facebook.com/128567483934772/videos/150970253494208>



It was also nice to be able to meet online with staff between Phnom Penh and Siem Reap, who had been banned from traveling prior to this competition. The picture shows the CCF technical staff meeting in December. There was a Khmer post on CCF's Facebook page that they discussed the comp program, budget, invitees, roles of staff, infection control, etc.

## Lead qualification on the afternoon of Jan. 4, final on the morning of Jan. 5

each qualifying and final, and a total of 30 men and women participated in the top rope for those under 13 years old.



### 1. LEAD Female under 15years

RANK	NAME	TEAM/SCHOOL	Height	TIME
1	Im Vinneath	Hun Sen Krous	14	01.03.80
2	Nol Voleak	Hun Sen Siem Reap	14	01.11.95
3	Ella Tufts Band	England	14	01.36.64
3	Meas Srey Art	10 Makara 1979	11	02.33.90

### 2. LEAD Male under 15years

RANK	NAME	TEAM/SCHOOL	Height	TIME
1	Ren Ratanak	10 Makara 1979	12	01.07.59
2	Ny Cholna	Hun Sen Krous	12	01.29.57
3	Sry Vireakboth	Muk Neak	12	01.51.73

### 3. LEAD Female under 19years

RANK	NAME	TEAM/SCHOOL	Height	TIME
1	Sen Sengly	Chibodia	12	01.12.00
2	Yun Sovichana	10 Makara 1979	12	02.13.93
3	Thouen Chanthou	Chibodia	8	00.47.75

### 4. LEAD Male under 19years

RANK	NAME	TEAM/SCHOOL	Height	TIME
1	Huy Yanfai	10 Makara 1979	10	00.41.06
2	Huy Yanfei	10 Makara 1979	10	00.44.48
3	Vann Seila	Chibodia	10	01.21.23

### 5. LEAD Female over 19years

RANK	NAME	TEAM/SCHOOL	Height	TIME
1	Touch Sreytuch	Sumdech Ov	11	01.57.42
2	Sorn Muykung	Phnom Climb	8	02.00.79

### 6. LEAD Male over 19years

RANK	NAME	TEAM/SCHOOL	Height	TIME
1	Cho Channy	Phnom Climb	6	00.22.10
2	Huy Barang	ACN	5	00.40.56
3	Heng Sothearith	Phnom Climb	4	00.39.72

It seems that the final route for boys over 19 years old was very difficult. Even after the competition ended, climbers who wanted to try again were lining up. The scene of the above video on the ACN's Facebook shows that a climber has reached the top, so it seems that the footage also includes this.

The climbing route was one for

The finalists were seated backwards from the morning.



# Bouldering qualification on the afternoon of Jan. 5, final on the morning of Jan. 6

A total of 35 men

and women participated. Five men and women of different ages advanced to the final. In the past few years, this event was held on Sunday or the last day of the holidays, but due to the coronavirus pandemic it was quickly decided to hold it on weekdays so there was little participation from working people and foreigners. However, we are glad we had it when we could, because Phnom Penh was locked down again after that.



In the qualifying round, contestants declared the route to climb to each referee, and if they failed, they went behind the line and competed for the number of climbs in time. The final was a full-scale route with a zone and a top, and climbers sat backwards for 4 minutes of rest.



## 13.Boulder Female under 15years

RANK	NAME	TEAM/SCHOOL	Result
1	Im Vinneath	Hun Sen Krous	3T3Z
2	Nol Voleak	Hun Sen Siem Reap	2T3Z
3	O1 Sreypich	Chibodia	1T3Z

## 14.Boulder Male under 15years

1	Youn Sopheaphirom	10 Makara 1979	2T3Z
2	Thy Panha	Hun Sen Krous	2T2Z4
3	Sry Vireakboth	Muk Neak	2T2Z5

## 15.Boulder Female under 19years

1	Sen Sengly	Chibodia	0T3Z
2	(Yun Sovichana)	open	(2T3Z)

## 16.Boulder Male under 19years

1	Huy Yanfai	10 Makara 1979	3T3Z9
2	Va Bros Pich	Phnom Climb	3T3Z13
3	Im Long	Chibodia	2T3Z

## 17.Boulder Female over 19years

1	Ly Sonang	Wat Svay	1T3Z
2	Touch Sreytuch	Sumdech Ov	0T3Z

## 18.Boulder Male over 19years

1	Sambath Pheaktra	Sumdech Ov	3T3Z
2	Cho Channy	Phnom Climb	1T3Z4
3	Sorn Chheang	Chibodia	1T3Z5





**Shinnyo-en subsidy has been decided!**

We are planning events in Japan this year.

We don't know yet if the Olympic and Paralympic Games or the Global Festa will be held. We don't even know if we can have the ACN general meeting. But I think we will be able to do some kind of event, and I applied for Shinnyo-en's subsidy for the Tokyo Tama area. Although limited to this area, Shinnyo-en supported Channy and Kimsroy's travel expenses to Japan in 2015. We also received subsidies from Shinnyo-en for activities in Saku City, Nagano prefecture, Hanno City and Kazo City, Sitame pref., starting from the Tama area.

And this time, we received the notification of the grant decision. In the Tama area, there are climbing gyms, 15 cities and there are also boulder. I found one gym that has approved the plan, but it is possible to have an online event that connects Japanese climbers and Cambodian climbers at Mt. Phnom Kulen , the sacred mountain, based on the gym.

The pictures below show the events in 2015 and 2016. Please contact the secretariat and directors with your ideas.



Do you have any particular ideas about the gym and boulder in the Tama area, Tokyo?



## From ACN's Desk

If you want to join ACN, please contact us. We will send you an application form, guidelines and some other documents in accordance with the type of request. Our annual membership fee is

5,000 yen (general member). Please make payment according to our business year that begins on July 1. We ask for your support through being a member so that we are able to maintain a safe climbing place and hold training classes and competitions. It will help promote the healthy growth of Cambodian youth.

ACN Japan (Japan office) 5-3-1-506 Tamagawa Chofu-shi Tokyo 182-0025 email : [info@angkorclimbers.net](mailto:info@angkorclimbers.net)

There are 53 members of our NPO right now.

We would like to ask you to continuously support us by becoming a member.

**Donated Funds and Presents** Our total donated sum comes to ¥10,835,970+ US\$14,167 (beginning in 2008, when we launched our NGO, though March 2021). The total funds for our foster parents' system comes ¥5,490,000 +US\$1,250 We greatly appreciate this support. The following individuals, businesses, and associations contributed donations and goods from September 2020 to March 2021.

**Funds :** Mr. Asada Shin-ichiro, Ms. Hayashi Takeko, Ms. Sato Miho, Krama Yu Yu, Ms. Kobaashi satsuki, Mr. Ariizumi Shigemasa, Ms. Kurihara Ko, Ms. Hotta Keiko

**Presents :** Ms. Kadota Mariko, Ms. Takagi Tomoko, Ms. Lisa Twaronite, Ms. Fukujin Kazuko, Ms. Ito Hiromi

**Foster Parents :** Ms. Hotta Keiko, Mr. Saihara Akio, Ms. Shimizu Fuji

★★★ Bank account for donation ★★★

### ■ Japan Post Bank

記号 10010 番号 75286831

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■ Bank of Mitsubishi UFJ Chofu branch :

Ordinary deposit : 0081781

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<https://www.facebook.com/angkorclimbersnet/>

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• Wall Location (On google map. No post office delivery )

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## Cambodia Climbing Federation?

### Editor's note



The picture, which was taken ten years ago, shows five junior-high school students hiking to Mt. Kulen with ACN staff. Five of them in the picture are the main staff for this championship and present board members of CCF, Cambodia Mountaineering Federation the literal translation from Khmer, សហព័ន្ធកំទ្នោរដីអង្គភាព . I think that the experience of playing in nature like this may give them power now. Seyha, in the white shirt, who is now a coach of Phnom Climb Community Gym, is teaching how to climb and about holds in the video on the gym's Facebook. Ten years ago, they didn't have FB accounts, but now they are used to posting on FB, and some of them might post this kind of picture. (Chimi)

<https://www.facebook.com/PhnomClimb/>

On Phom Climb's Facebook, four ACN graduates, Seyha, Channy, Vannak and Pheaktra, are appearing in turn on a daily basis.

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NPO Angkor Climbers Net

Issuer the chairperson Asai Kazuhide Editor Ito Akiko

Issue Angkor Climbers Net

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