



ANGKOR CLIMBERS NET (ACN) Newsletter 34

by Angkor Climbers net

We are supported by Taica Corporation, mont-bell Co.Ltd and Pyramide Japan Co.Ltd

<http://www.angkorclimbers.net/>

20.Apr. 2024

2023 Cambodia Climbing Championship was held.



On December 30 and 31 in 2023, the Cambodia Climbing Championship sponsored by CCF, Cambodia Climbing Federation, was held at the Phnom Climb Community Gym in Phnom Penh.

Speed

Although shorter than the standard speed route, both courses were equipped with auto-belay devices. The athletes could climb twice, switching positions on the left and right sides, just as they do in international competitions, and use the better time for their score



U14 F	1	Seu SreyOun	ABG	0.15.38
	2	Naan Lida	SRCS	0.18.61
	3	Bun Souling	POWER UP	0.18.79
U14 M	1	Lim P.Sovannareach	PHNOM C.	0.09.61
	2	Louem PonLouk	CHIKO F.	0.13.99
	3	Chea Sovanna	K. TRACH	0.19.34
14-17 F	1	Im Venneath	ACN	0.10.36
	2	Im Vinnit	10MAKARA	0.16.88
	3	Nol Voleak	ABG	0.18.28
14-17 M	1	Sry Vireakboth	ABG	0.06.32
	2	Ny Cholna	ACN	0.07.41
	3	Im ChhaiEng	SRCS	0.09.40
Over 18 F	1	Hin Sovanvuthini	PHNOM C.	0.12.59
	2	Hul Ratana	PHNOM C.	0.19.53
	3	Yim Chanbopha	PHNOM C.	0.20.71
Over 18 M	1	Sambath Pheakra	PHNOM C.	0.04.11
	2	Huy Yanfai	ACN	0.04.71
	3	Sok Sereyroth	PHNOM C.	0.05.76

Lead (Youth C, D Under 13 Top rope)



		Name	Club	Result
U14 F	1	Seu SreyOun	ABG	TOP 01.17.45
	2	Naan Lida	SRCS	TOP 01.40.32
	3	Bun Souling	POWER UP	(15) 01.42.68
U14 M	1	Lim P.sovannareach	PHNOM C.	TOP 00.27.77
	2	Louem PonLouk	CHIKO F.	TOP 00.50.21
	3	Chea Sovanna	K. TRACH	TOP 00.59.93
14-17 F	1	Im Vinnit	10 MAKARA	TOP 02.02.40
	2	Im Venneath	ACN	TOP 02.26.59
	3	Nol Voleak	ABG	(11) 03.16.47
14-17 M	1	Ny Cholna	ACN	TOP 01.46.31
	2	Sry Vireakboth	ABG	TOP 02.39.04
	3	Chan Rithymony	POWER UP	(11) 01.40.25
Over 18 F	1	Hul Ratana	PHNOM C.	TOP 01.43.93
	2	Hin Sovanvuthini	PHNOM C.	TOP 01.44.34
	3	Rith Maliza	ABG	(10) 04.00.21
Over 18 M	1	Sambath Pheaktra	PHNOM C.	TOP 02.11.53
	2	Pav MonyUdom	PHNOM C.	(10+) 01.57.13
	3	Huy Yanfei	POWER UP	(10) 03.01.54



Mr. Sotharin, president of CCF, demonstrated climbing for the elementary school students who participated for the first time.



Observation before the final



Men's Lead winners and President Sotharin



This year's participation prizes were colored T-shirts for each club registered in CCF. The five teams from Siem Reap were 10Makara, Siem Reap Climbing school, Chiko family Boulder, Angkor Boulder Gym and ACN. The Phnom Climb Community Gym and the Power Up Gym from Phnom Penh, and the Kampong Trach club from Kampot, participated again this year, making it feel like a national tournament. The event was covered on television.

Preparation for the tournament Referee seminar



The annual CCF referee seminar before the tournament was held in the capital Phom Penh from November 2 – 5. Future physical education teachers attended.

SVA PREY BOULDER COMP

Oct.2023 **BOULDER**

		Name
Kids MF	1	Im ChhaiEng
	2	Lim PSVanna
	3	Naan Lida
13-15 M	1	Ny Cholna
	2	(foreigner)
	3	Sry Vireakboth
Over 16 F	1	Hul Ratana
	2	Im Vinnit
	3	Im Venneath
Over 16M	1	Im Long
	2	Huy Yanfai
	3	Sorn Chheang

In advance of the championships in December (lead and speed events), we will introduce the bouldering competition held in October 2023 at Phnom Climb in Phnom Penh. The ACN supported

transportation costs from Siem Reap, as well as accommodation costs and tournament entry fee. Photos from

Phnom Climb's Face Book page.

In the regional city of Siem Reap, the ACN artificial wall was dismantled and relocated in January 2022, and it has been nearly two years since Siem Reap had a lead wall. Therefore, before the tournament, a diagonal route was installed at Chiko Family Boulder to practice clipping.

• Thanks to the kindness of International Christian Fellowship (ICF) in the city, we had a top rope practice. Even the athletes who would be competing in the lead competition were delighted to see the high wall for the first time in a while, and they lined up to practice first.

市内 ICF スタッフのご好意により、トップロープ練習



We also practiced lead on the outer wall of Kingdom Gym, which is under construction, in preparation for the tournament. We can't wait for this gym to be completed.



CCF has become CCHF (Cambodia Climbing and Hiking Federation)



New president

New statute



NATIONAL OLYMPIC COMMITTEE
OF CAMBODIA



CAMBODIA
Kingdom of Wonder
feel the warmth

Phnom Penh 20 March 2024

Membership Certification Letter

With reference to the letter No. 003/24 C.C.F.H dated 12th March 2024, from Cambodia Climbing & Hiking Federation requesting membership recognition, the NOC of Cambodia hereby certify that the Executive Committee of Cambodia Climbing & Hiking Federation of the fourth mandate had been recognized in 2024, composed of the following members:

1.L.TG. Laing	0na	President
2.H.E. Buonhing	Sothya	Vice-President
3.Mr. Tuy	Bunhoeun	Vice-President
4.Mr. Bou	Virak	Vice-President
5.Mr. Lun	Yeng	Vice-President
6.Mr. Seam	Rorn	Vice-President
7.BG. Teng	Sothea	Vice-President
8.BG. Chim	Prasit	Secretary General
9.Mr. Saing	Sopheak	Deputy Secretary General
10.Mr. Virak	Tola	Deputy Secretary General
11.Mr. Tuy	Sochetra	Deputy Secretary General
12.Mr. Hem	Hema	Deputy Secretary General
13.Ms. Mam	Boramey	General Treasure
14.Mr. Sry	Kimsroy	Deputy General Treasure
15.Ms. In	Tevy	Deputy General Treasure
16.Ms. Savath	Kapolin	Member
17.Mr. Rath	Sambath	Member
18.Mr. Sor	Seyha	Member
19.Mr. Lay	Sovann	Member
20.Mr. Nou	Chanthearith	Member
21.Mr. Chum	Kha	Member
22.Ms. Leang	Serey Rachana	Member
23.Mr. Huot	Kimnguon	Member
24.Mr. Uy	Bondeth	Member
25.Mr. Pin	Sovannarith	Member

The Executive Board of Cambodia Climbing & Hiking Federation of fourth Mandate will be valid until February 14th, 2028. The Executive Board of Cambodia Climbing & Hiking Federation is entitled to develop, promote and protect Climbing & Hiking in their respective country in accordance with its statutes.

This certification is being issued upon the request for whatever legal purpose it may serve. Should you have any questions or require further information, please contact NOCC Secretariat via info@online.com.kh or (855)12 974 258.

Sincerely yours,

On March 4, the Cambodia Climbing Federation held its fourth term of officer election, and the federation's English name has been changed. Its Khmer name, which means "mountaineering federation," remains the same. The number of officers has increased significantly, as shown above.

External procedures are yet to be completed

Southeast Asian Federation “Add climbing to the SEA Games”

Sports climbing is already an Olympic event and an Asian Games event, but for some reason it is not yet included in the SEA Games, the ASEAN Games that can be called the Olympics of Southeast Asia.

On December 1, 2023, the Southeast Asian Federation (SEACF) General Assembly was held in Bangkok, Thailand, and was attended by representatives of CCF(Cambodia), FPTI(Indonesia), PMM(Malaysia), SCAPI(Phillippines), SCAT(Thailand), SSCMF(Singapore) and the IFSC Asia Council. The ACN provided partial travel support for the Cambodian representatives.



At the meeting, these measures were discussed: “to add climbing to the Southeast Asian Games to be held in Thailand in 2025”, and the federation’s tournament in 2024 will be held in four countries: Indonesia, Thailand, Malaysia, and Singapore. The ACN(Cambodia) still has the travel funds for 2020 (cancelled due to COVID-19), so this year, we will be able to send Cambodian athletes to one of the Southeast

Hold Production Camborock’s holds are popular at local tournaments and gyms.

Asian Confederation- sponsored tournaments.

The climbing holds designed and produced by ACN staff member Balang, which we described in the previous issue, were also used in the qualifying and final routes of the Cambodian Championship, which are shown on the cover of this issue. They are also used in gyms in Vietnam and the United States. Please take a look at the Face Book page where you can see that they are continuously making improved versions based on feedback from tournament route setters and climbing gym managers.



<https://www.facebook.com/cambodiaclimbinghol>

Thank you for visiting Global Festa 2023

Like the previous event, the venue was not Odaiba but the basement of the International Forum in Yurakucho.



Unfortunately, we were unable to hold a trial climbing event this year either, but we were able to inform many visitors about the ACN's activities. Many people purchased "Ganbaru zo-san" and we were able to hand out all 2000 flyers we printed. The highlight of this event was the Camborock Holds mentioned in the previous article. Visitors were able to touch the real holds that Cambodian Climbers had ingeniously created. We gave out flyers like the one below to those who were interested in the holds. Thank you very much for attending this year.



From ACN' s Desk

There are 52 members of our NPO right now.

We would like to ask you to continuously support us by becoming a member.

■If you want to join ACN, please contact us. We will send you an application form, guidelines and some other documents in accordance with the type of request. Our annual membership fee is 5,000 yen (general member). Please make payment according to our business year that begins on July 1. We ask for your support through being a member so that we are able to maintain a safe climbing place and hold training classes and competitions.

It will help promote the healthy growth of Cambodian youth. It would have been good to say that they have moved and became independent, but they are still doing construction are struggling with rising material prices. Thank you for your continued support until they are on track.

ACN Japan 5-3-1-506 Tamagawa Chofu-shi Tokyo 182-0025 tel.042-498-2488 Email: info@angkorclimbers.net

•**Donated Funds and Presents** Our total donated sum comes to ¥11,690,492+ US\$23,015 (beginning in 2008, when we launched our NGO, though February 2024). The total funds for our foster parents' system comes ¥6,680,000 +US\$2,280

We greatly appreciate this support. The following individuals, businesses, and associations contributed donations and goods from Sep. 2023 to Feb. 2023.

- Funds:** Mr. Tomita Toru, Ms. Kadota Mariko, Mr. Murayama Tetsuya, Ms. Hayashi Takeko, Ms. Shimizu Fuji, Ms. Ito Tomiko, Ms. Kobayashi Satsuki, Ms. Hotta Keiko, Mr. Yoshitomi Akira
- Presents :** Anacott Cambodia, Ms. Takagi Tomoko, Ms. Lisa Twaronite, Ms. Fukujin Kazuko, Ms. Ito Hiromi, Mr. Ariizumi Shigemasa, Mr. Yasuda Yukihiro, Ms. Hotta Keiko, Mr. Wakae Yuichi, Ms. Wakae Izumi, Ehime Mtsuyama Climbing Studio Brave, Ms. Katagiri Ikumi, Ms. Takeuchi Atsuko, Mr. Asai Roku
- Foster Parents :** Ms. Hotta Keiko, Mr. Saihara Akio, Mr. Kurumizawa Kenji, Ms. Shimizu Fyji

To those who donated at Ehime Matsuyama Brave

This is how we delivered the climbing shoes and chalk bags we received. The customs office in the capital sometimes charges a considerable amount of custom duty on even second-hand goods, if they are sent all at once. So instead, we sent them in small batches, a total of six times, or carried them as hand luggage. Thank you very much for your donations.



★ Bank account for donation ★
 ■Japan Post Bank
 10010-75286831
 Angkor Climbers Net
 ■Bank of Mitsubishi UFJ Chofu branch :
 Ordinary deposit : 0081781
 Angkor Climbers Net

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<https://www.facebook.com/chikofamilyboulder>
 Siem Reap Climbing School +855-(0)-92-336 924 Seam Rorn (English and Khmer)

Grassroots Connections

Editor's note

As we announced in the previous issue, the larger of the two new locations for the original ACN artificial wall is still incomplete. So at present, Chiko Family Boulder is the only place in Siem Reap where the public can practice climbing. The children of Anakot Cambodia, the landlord, run it together as volunteers although the facility is not an orphanage. After hearing about Cambodia, a junior high school climber from Saku-city in Japan planned and

carried out this event. If the ACN could help the young climbers in Siem Reap and Saku-city connect with each other, then that is truly carrying out the ACN's original purpose. It was a heartwarming event even though it was cold in Saku-daira.

The image shows a collage of photos from a charity climbing event. On the left, a young boy is climbing a wall. In the center, a woman is smiling while climbing. On the right, a flyer for the event is displayed. The flyer is titled 'チャリティークライミング' (Charity Climbing) and lists the following details:

- 開催日程** (Event Schedule):
 - 1/30 (Sat) 10:00~15:00
 - 2/23 (Sun) 10:00~16:00
 - 3/23 (Sat) 10:00~16:00
 - 3/26 (Tue) 13:00~20:00
- 開催場所** (Venue):
 - 日本平ロッククライミングセンター (Nihonhei Rock Climbing Center) at 1000-1000, Chofu City, Tokyo.
- 参加費** (Fees):
 - 【ボルダリング】大人も子供も1人300円 (Bouldering: 300 yen for adults and children)
 - 【ロープクライミング】1人1500円 (Rope Climbing: 1500 yen per person)
 - 【クラッシュパッドレンタル】 (Crash Pad Rental)
 - イベント当日は無料です！ (Free on the event day!)
- 持ち物** (Items to bring):
 - 運動着、上履き (Sports clothes, shoes)
 - ヘルム (Helmet)
 - 水筒 (Water bottle)
 - タオル (Towel)
 - 帽子 (Hat)
 - 手袋 (Gloves)
 - シューズ (Shoes)
 - ヘルム (Helmet)
 - ヘルム (Helmet)
 - ヘルム (Helmet)
- 2/23・3/23・3/26はチャレンジ企画** (Challenge Plan for 2/23, 3/23, 3/26):
 - ★トップロープクライミング体験★ (★Top Rope Climbing Experience★)
 - ついでに覚えておきたい基礎知識も伝えます。 (We will also pass on basic knowledge you should know.)
 - クライミングシューズもレンタルしてあります。 (We also have climbing shoes for rent.)
 - レンタルシューズは1人1500円です。 (Rental shoes are 1500 yen per person.)

Contents

- 01 カンボジアクライミング選手権
- 04 SVA PREY 2023
- 05 CCF 新体制 CCHF へ
- 06 東南アジア連盟
ホルルド製作
グローバルフェスタ 2023
- 07 事務局から

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